

# Contact assessment and management guidance: workplaces, business and industry

COVID-19 Public Health Division

Intelligence, Case Contact and Outbreak Management

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# SCOPE

This guidance is to support decision making following a COVID-19 exposure in workplaces, business and industry settings. This may include but is not limited to, offices, hospitality venues, supermarkets, warehouses, construction sites and public transport depots.

It is for businesses and members of the public to assess and manage situations where an infectious case has attended business, industry or workplace premises.

**This guidance does not apply to exposures in households or sensitive settings**, that is schools, healthcare (hospital and community-based), residential facilities including aged care, correctional centres or other settings where there are people at high risk of severe illness.

The guidance will be updated to reflect changes to COVID-19 epidemiology and the public health response in Victoria.

## **Specific assessment may be required in some circumstances**

This guidance is general. Specific risk assessment and tailored outbreak management by the Department of Health and Local Public Health Units may be required in some circumstances, where significant transmission events have occurred, or where other additional risks apply (workforce, operational continuity or community risks).

## **Workplace and employee obligations**

A person who is a confirmed case of COVID-19 must notify the operator of any work premises at which they ordinarily work that they've been diagnosed with COVID-19 and of their infectious period, if they attended an indoor space at the work premises during their infectious period.

The operator of a workplace must take reasonable steps to notify employees and contractors that they have been exposed to a positive case, and to advise them of their testing and quarantine obligations.

A workplace will be required to maintain a system to enable them to, where relevant, notify contacts and obtain assurance of a negative test result from an individual prior to their return to the premises.

## **For further information**

[Information and advice for businesses who have a confirmed case of COVID-19 in the workplace](https://www.coronavirus.vic.gov.au/confirmed-case-workplace)  
<<https://www.coronavirus.vic.gov.au/confirmed-case-workplace>>

To receive this document in another format, call the Coronavirus Hotline 1800 675 398 (press 0 for an interpreter, if required), or contact [coronavirus.vic.gov.au](https://www.coronavirus.vic.gov.au)  
<<https://www.coronavirus.vic.gov.au/contact-us>>.

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# CONTACT ASSESSMENT AND MANAGEMENT MATRIX

**Contact** = any staff member or contractor who has contact with a confirmed positive case of COVID-19 in a **non-household** setting.

**Case** = any confirmed positive case of COVID-19.

<b>EXPOSURE EVENT RISK ASSESSMENT</b> An exposure event is contact with a confirmed case of COVID-19 during their infectious period.					
1. The business conducts a risk assessment for each exposure event using the contact assessment and management matrix. 2. Individuals are identified as contacts or low risk. Contact lists are managed by the workplace and are not provided to the Local Public Health Unit unless specifically requested (for example, during an outbreak). 3. Individuals must follow the testing and quarantine requirements for their assessed level of risk (low risk or contact).					
No exposure	<b>Low-risk exposure scenario:</b> Contact with a confirmed case in their infectious period that is: <ul style="list-style-type: none"> <li>face-to-face (&lt;1.5m) and transient (&lt;1 minute)</li> </ul> OR <ul style="list-style-type: none"> <li>distanced (&gt;1.5m) and any duration in a large (&gt;300m<sup>2</sup>) indoor space or outdoors</li> </ul> AND <ul style="list-style-type: none"> <li>does not meet the criteria for medium or high risk</li> </ul>	<b>Medium-risk exposure scenario:</b> Contact with a confirmed case in their infectious period that is: <ul style="list-style-type: none"> <li>face-to-face (&lt;1.5m) and non-transient (1–15 minutes)</li> </ul> OR <ul style="list-style-type: none"> <li>distanced (&gt;1.5m) and very prolonged (&gt;2 hours) in a medium-sized indoor space (100–300m<sup>2</sup>)</li> </ul> AND <ul style="list-style-type: none"> <li>does not meet the criteria for high risk</li> </ul>	<b>High-risk exposure scenario:</b> Contact with a confirmed case in their infectious period that is: <ul style="list-style-type: none"> <li>face-to-face (&lt;1.5m) and prolonged (&gt;15 minutes)</li> </ul> OR <ul style="list-style-type: none"> <li>direct physical contact (for example, shaking hands, hugging, kissing)</li> </ul> OR <ul style="list-style-type: none"> <li>distanced (&gt;1.5m) and very prolonged (&gt;2 hours) in a small indoor space (&lt;100m<sup>2</sup>)</li> </ul>		
<b>Masks not worn*</b>	Extremely low risk	Low risk	Contact		
<b>Masks worn</b>	Extremely low risk	Low risk	Low risk (if vaccinated)	Contact (if unvaccinated)	Contact

\*Mask not worn by either the case or the person exposed. Incorrect mask use or a medical mask exemption is to be considered the same as 'no mask' for assessment and management. Note: time periods are cumulative across a period of one day (for example, two separate 10-minute exposures should be assessed as a 'prolonged' (>15 min) exposure).

## QUARANTINE AND TESTING REQUIREMENTS

<b>What you need to do</b>	<b>Low risk (and extremely low risk)</b>	Monitor for symptoms and get PCR tested if you have any symptoms, however mild.
	<b>Contact</b>	Daily rapid antigen testing for 5 days after contact notification. There are no ongoing quarantine requirements and contacts may return to work. If a rapid antigen test is positive or the contact develops symptoms, they must have a PCR test and isolate until they receive a negative result.

Note: a positive rapid antigen test must be confirmed by a PCR test.

### THE PRESENCE OF SYMPTOMS ALWAYS REQUIRES TESTING

## ADDITIONAL GUIDANCE

### When is a confirmed case's infectious period?

A case's infectious period should be taken 48 hours before onset of symptoms until release from isolation. If a case is asymptomatic, they should be assumed to be infectious from 48 hours before the initial positive test.

### How do you define an 'indoor space'?

Indoor space means an area, room or premises substantially enclosed by a roof and walls that are floor-to-ceiling or at least 2.1 meters high, regardless of whether the roof or walls or any part of them are permanent or temporary, or open or closed.

### Who is considered to be 'fully vaccinated'?

A person must have received all scheduled doses of a TGA-approved or recognised vaccine regimen to be considered fully vaccinated.

### When is rapid antigen testing strongly recommended?

Rapid antigen tests (RAT) can be undertaken every day in the 5 days after notification of the exposure. RAT is strongly recommended:

- when visiting sensitive settings and low-vaccination settings such as schools, early childhood learning centres, aged care facilities, hospitals, disability settings, elderly relatives and correctional facilities
- prior to entry to indoor settings including workplaces, social venues (for example, pubs, nightclubs, parties) and other high-risk settings (for example, gyms, beauty treatments, places of worship).

### How can contacts access rapid antigen test (RAT) kits?

Five RAT kits and guidance will be provided to contacts (exposed at a workplace or educational facility) at their PCR testing location.

### What should I do if a worker returns a positive rapid antigen test (RAT) result?

A positive RAT must be confirmed by a PCR test. No public health action should be undertaken without PCR confirmation of a confirmed case.

If an identified contact tests positive for COVID-19 after an exposure event, all contacts of the subsequent case must be identified and provided advice on PCR and rapid antigen testing. Additional testing of contacts is required for all identified cases.

In the event of multiple cases (5 or more people within 7 days) being identified, guidance and assessment by a Local Public Health Unit is available, by calling **1300 651 160**.

### What is a household or household-like contact?

A **household contact** is a person who lives with a confirmed COVID-19 case, including in a household or household-like setting.

**Household-like settings** include aged care facilities and boarding houses, when contact of over 4 hours has occurred.

**Household contacts**, regardless of their vaccination status or eligibility, must quarantine for 7 days.