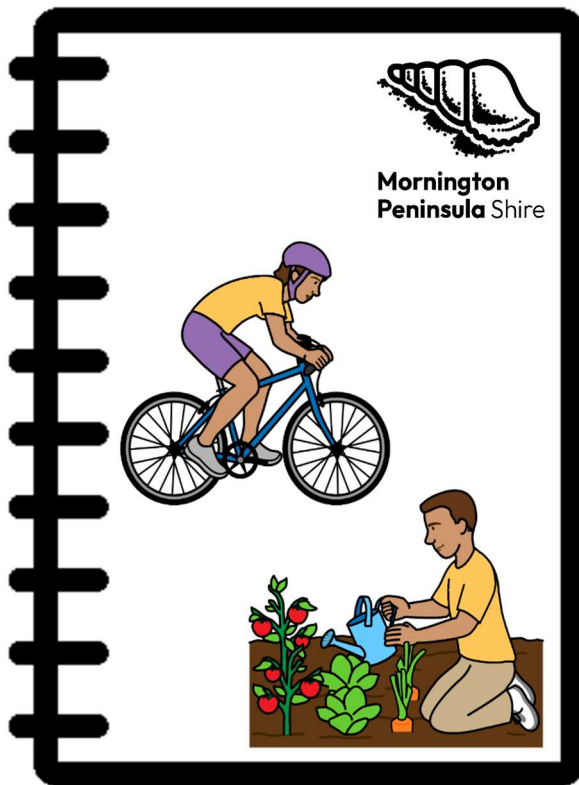




**Mornington
Peninsula Shire**



**Our plan to make life better.
2025 to 2029.**

We are Mornington Peninsula Shire Council.

We take care of the Peninsula. Like

- the towns
- the land
- places you go. Like the library.

We thank the Bunurong people. They are the Aboriginal people here.

You live here. The Peninsula is where you

- work
- learn
- play.

We want you to be

- well
- happy
- safe.

We listened to your ideas. We talked to

- children
- adults
- older people. Like 70 years old.

Then

We wrote this plan. It says what we will do. It is to help make life better.

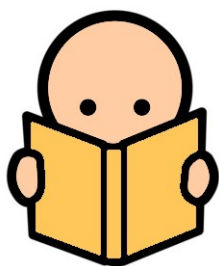
Our plan started in 2025. It is for

- 2025
- 2026
- 2027
- 2028
- 2029. It ends in 2029.



What is in our plan?

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You want to know more

Call 1300 850 600.

Send us a letter.

Mornington Peninsula Shire Council

Private Bag 1000

Rosebud Victoria. 3939.

Read Our plan. For Mornington Peninsula. 2025 to 2029.



We want you to feel OK. Our plan.

We want you to have a good life. We want this for each person on the Peninsula.

But

You may **not** feel OK. Like you

- feel sad
- feel angry.

You feel this way all the time.

You may feel you are alone. You may hurt your self. You may **not** want to live.

There are things that can help. Like you talk to a person you trust.



What we know

Some people do **not** feel OK. This is 1 in 10 people on the Peninsula.

2 in 10 people say they feel alone. Only **some** people ask for help.

Like they talk to their doctor. It is about how they feel.



What we will do

We want you to get help with

- how you feel
- your health.

You may want help from

- a doctor
- a person to talk to. Like a counsellor.

We may need more places. Like health centres. You get help there.

We will ask the government for help. Like money for a new health centre.

There are groups to help you. Like Chasing Change.

We will work with these groups. Like we do a big walk. It is each year.

We call it Walk for suicide prevention. We want less people to

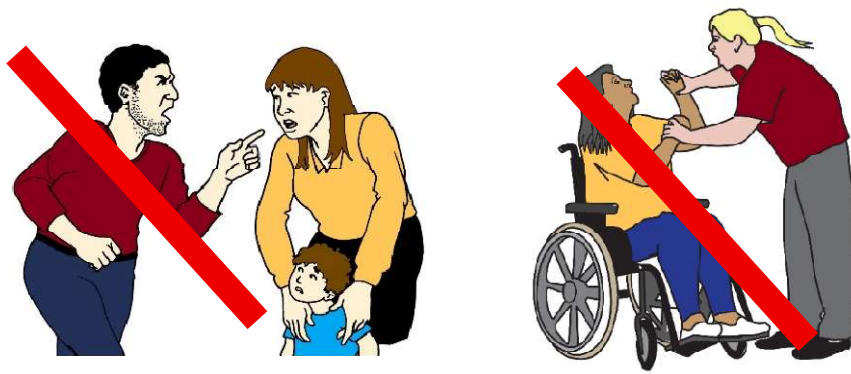
- feel alone
- hurt themselves.

We will have things for you to do. You can

- play games with people you know
- join a group
- go to art class.

You do things with other people. You feel you belong. You feel OK.

It is good for your health.



A person hurts you.

Our plan to stop this.

A person hurts you. This person may be part of your family. Like your dad.

They may be your

- boy friend
- wife
- friend.

This person may hurt your body. Like they

- pinch you
- pull your hair
- hit you.

They may tell you

- who you can talk to
- what you can talk about.

They may make you do things about sex. You do **not** want to.

You say **no**. They do **not** stop.

They may say things to make you

- feel bad
- feel you do **not** trust your self.
- Like they say you are crazy.

It may be about money. Like they take your card for the bank.

You can **not** use your own money.

We call all these things family violence. It is **never** OK.

You get older. You need more help now. A person may help you. Like your son.

But

This person may hurt you.

They may treat you in a bad way. Like

- they do **not** give you your pills
- they take away things you need. Like your walking stick.

They may take your money. They use it to buy things they want.

It is **not** what you want.

We call all these things elder abuse. It is **never** OK.



What we know

This can happen to any person.

But

More men hurt women. This happens to lots of women on the Peninsula.

Lots of people tell us it is a problem. It is **more** people each year.



What we will do

We want women to be safe. We want to see less women hurt.

A person in your family

- hurts you
- hurts your child
- scares you.

We will tell you where to get help. Like the Orange Door.

We will have training. It is for

- our staff
- staff from other places. Like schools
- people who live here.

It will help you know

- why some men hurt women
- how to stop this
- where to get help.

We want people to respect women. Like listen to their ideas.

We will share stories. Like

- in our news letter
- on Face book.

The stories are about women on the Peninsula.

And

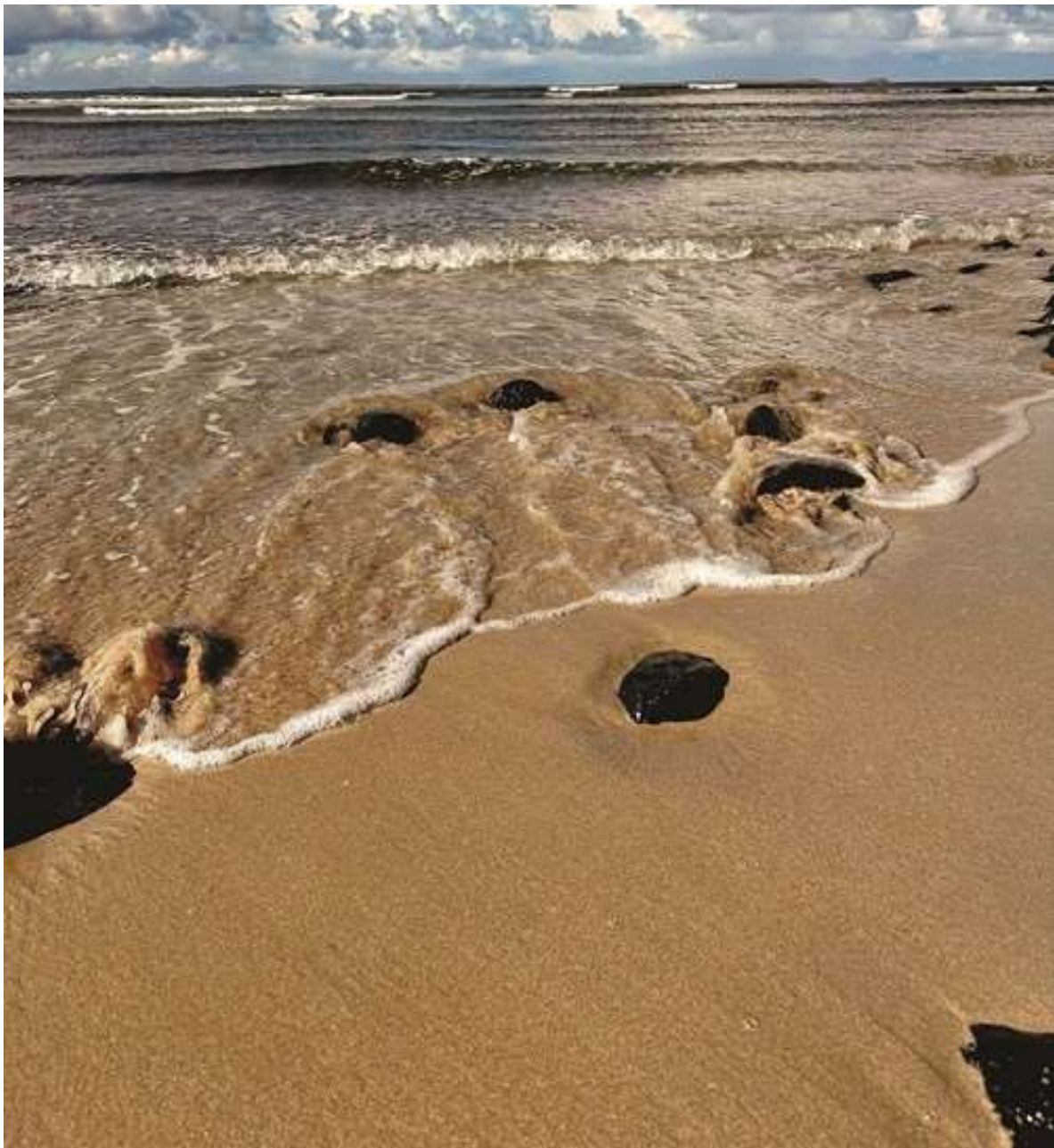
Things they do. Like they win an award.

We may share stories about

- women who make art
- women who are leaders.

It shows people what women can do. Like

- women have good ideas
- women are strong
- women are good leaders.



Beach at Flinders.



We are all different.

We respect each other. Our plan.

We are all different. You may be

- young
- an adult
- more than 55 years old. Like 60 years old or 75 years old.

You may have a disability. Like

- you use a wheel chair
- you are blind
- you have autism.

You may be

- Aboriginal
- Torres Strait Islander.

You may come from a different country. Like India.

You may be gay. Like you are a man. You want to make love to other men only.

You may be bi. Like you are a man. You want to make love to men or women.

Or

You are trans gender. Like you look like a man. You feel like a woman on the inside.

You dress as a woman. You may use a different word. Like LGBTQIA+.



What we know

Some people may **not** treat you the same. Like they do **not** say hello to you.

You may be from a different country. People say rude things about

- your country
- your food
- the way you look.

Or

You get older. It is hard to find a job now. Bosses do **not** give you a job.

Lots of people tell us about problems like this. People do **not** treat them the same.

It is 1 in 10 people on the Peninsula.



What we will do

Each person has different needs. Council will

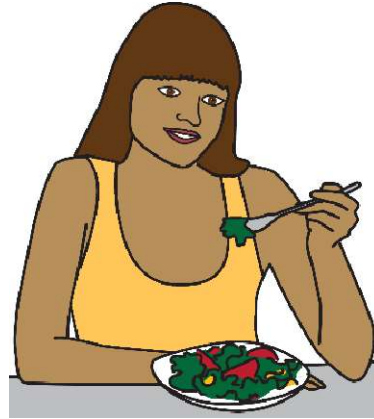
- listen to different people
- plan for what you need.

We want each person to know we are all different **and** this is a good thing.

We will have events. Like a special week. It is to learn more about

- Aboriginal people
- Torres Strait Islander people.

It is in July. It is called NAIDOC week.



You have good food to eat. Our plan.

Good food is

- fresh fruit
- fresh vegetables
- milk.

Good food is

- bread
- rice
- noodles.

Good food is

- eggs
- fresh meat
- fish.

You need all these foods. They help you stay well.

We have farms on the Peninsula. They grow good food.

It helps us all have fresh food to eat. We want to keep these farms.

We want people to buy their food. It helps the farmers. They will have more money.

They use it to run their farms. They have money to run their farms.

They can grow us food.

We will all have fresh food to eat. It is now **and** for a long time. Like in 20 years.



What we know

Some people do **not** have much money. It is hard to get good food.

Most people need to eat

- **more** fruit
- **more** vegetables.



What we will do

We want more people to

- have a garden
- grow their own food.

We will have classes. You can learn to grow food.

We want each person to

- eat good food
- have food to eat each day.

We will talk to places you go. They may have food you can buy. Like

- your child's school
- your football club
- your work place.

We want them to have fresh food. It is good for your health. Like

- a salad
- a chicken wrap.

The Peninsula has places you can buy food. Like

- cafes
- shops at farms. We call them farm gates.

We give some places a sticker. It is the Best Bites sticker.

You see this sticker. You know this place has good food.



House with crop of vegetables.



You move your body. Our plan.

You move your body. It can be sport. Like you play football.

It can be other things. Like you

- walk your dog
- ride your bike to work.

It is good for your health. It helps you

- feel good
- have a good life.



What we know

On the Peninsula. 4 in 10 people move a lot. Like more than 2 hours each week.

Most people drive to work. It may be you can **not** get there

- by bike
- by bus.



What we will do

We want to help you move more. You can

- play sport
- do things with a group. Like go for bush walks.

Council has places you can go. Like

- swimming pools
- skate parks.

We want more people to use them.

We will help groups use Council places. Like you teach a dance class.

You can use our hall. We will check places have what you need.

Like a toilet you can use.

We want more people to

- walk places
- ride their bike
- take the bus.

We will

- build more bike paths
- ask for more buses for the Peninsula.



Drinks. Smokes. Pokies. Our plan.



You drink

You may drink adult drinks. Like

- beer
- wine
- vodka.

You may drink a little. Like 1 glass of wine each day.

Or

You may drink a lot. Like 12 beers each day. You get drunk. You may do this each day.

This is bad for you. You may get very sick.

You are drunk. You may do a bad thing. Like

- crash your car
- hurt a person.



You smoke. You vape.

This is **bad** for you. You can get sick. Like it is hard to breathe. It is all the time.

People near you may smell your smoke. Like your children.

They breathe it in. It can hurt them.



You play the pokies. You bet.

You use money

- to buy scratchies
- to bet on a horse race
- to play the pokies.

You may lose a lot of money. You have

- **no** money for rent
- **no** money for food
- **no** money for the bus.



What we know

Lots of people on the Peninsula **drink too much**.

Some people smoke. Some young people vape. You told us is it a problem.

You lose a lot of money. It is on bets. Like the pokies.



What we will do

You may

- drink
- smoke
- play the pokies.

We will help you know

- how much is safe to drink
- how to stop
- who can help you.

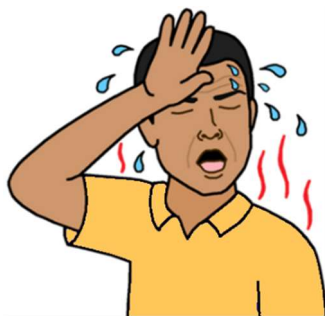
We make rules about some places. You can **not** smoke there. Like at the beach.

Places on the Peninsula have

- adult drinks
- smokes
- pokies.

Like the pub.

We check these places follow the rules. Like they do **not** sell drinks to children.



The weather has changed.

Our plan to stay safe.

The weather has changed. We get more

- storms
- bush fires
- very hot days.

We will get more hot days. It may be very hot for lots of days.

It is day after day. It may be hot at night. We call it a heat wave.

Heat can be bad for you. It can make you sick.

We will get more bush fires. It may be very bad. Like a big hot bush fire.

It burns more houses. It is in more places. It may go for lots of weeks.



What we know

You told us this is a big problem. You worry about

- weather changes
- how to stay safe
- how to stay well.

We need to plan for bad weather.



What we will do

We will help you know more. We will have things for you to read.

You will know what may happen. Like more

- big storms. The power may go off
- very hot days. The heat can make you sick.

It will help you be ready. Like you make a plan for hot days. You will know what to do.

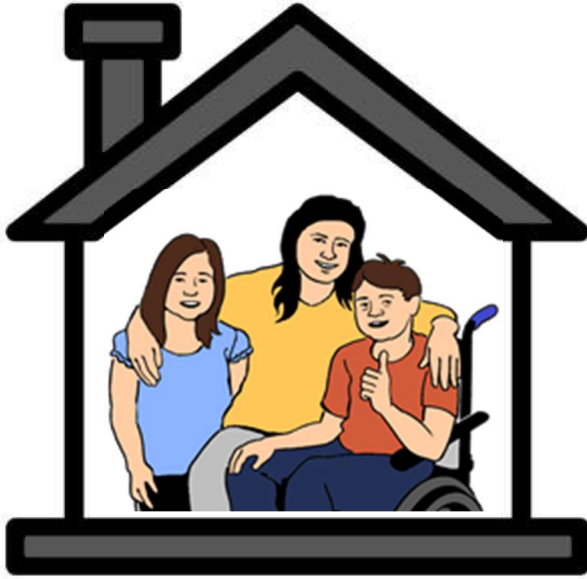
Like you know

- how much water to drink
- how to stay cool.

You will know who can help you. Like the CFA. It is the Country Fire Authority.

We will help you after bad weather. Like there is a storm. A big tree falls.

We help you clean up.



A home for each person. Our plan.

Each person needs a home. Your home must have what you need.

Like a ramp for your wheel chair.

You may have **no** home. You may sleep

- in a tent
- in your car
- at a friends house.



What we know

Homes cost a lot of money. Lots of people do **not** have a home.

They sleep in a different place. Like at a friends house.

The government can own some homes. You pay less money to live there.

We call it social housing. We need more homes like this.



What we will do

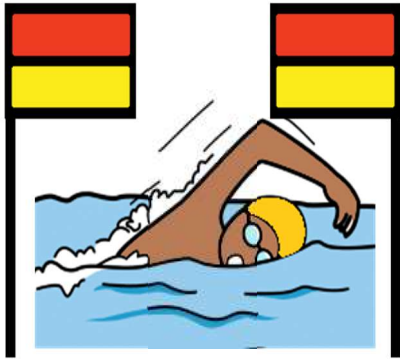
We will talk to the government. We will ask for more homes.

They are the social housing homes. We will talk to places that help you.

We will help them work together. More people will get help. It is to find a home.



Cross the road at a safe place.



You must be safe. Our plan.

You have the right to feel safe

- at home
- at work

when you go out.

But

Bad things do happen.

It may be at the beach. You can **not** swim. You may drown.

It may be at the shops. Like a person grabs your bag. This is a crime.

It may be on the roads. You may

- crash your car
- hit a person
- die.

It may be a person hurts you. Like your boy friend.

Read A person hurts you. Our plan to stop this.



What we know

Lots of women say they do **not** feel safe. It is at night. It is when they walk alone.

Some people are **not** safe drivers. People die on our roads.

More people break the law each year. Like they

- paint on walls
- throw rubbish.



What we will do

We will change things. It makes you feel safe. Like we put street lights in more places.

We will teach people to be safe in water. Like at the beach.

They know to swim between the flags.

You may tell us cars drive too fast. It is on a road near your house.

We will make them slow down. Like we put in a speed bump.

People break the law. Like they paint on walls.

Groups will help them find different things to do.

Like they can make street art.

This is the end of our plan.

Images

We can use the images from CHANGE changepeople.org, Inspired Services, The Noun Project & Tobii Dynavox. We made some images with the help of AI. We can use the logos. The photos are from Mornington Peninsula Shire Council.

These books are based on Public Health and Wellbeing Plan 2025–2029. Mornington Peninsula Shire Council. August 2025.

Access Easy English wrote the Easy English. September 2025.