



You move your body.
Our plan.



You move your body.

It can be sport. Like you play football.



It can be other things. Like you

- walk your dog
- ride your bike to work.

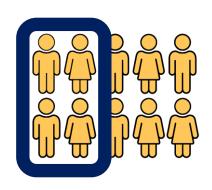


It is good for your health. It helps you

- feel good
- have a good life.



## What we know



On the Peninsula.

4 in 10 people move a lot.

Like more than 2 hours each week.



Most people drive to work.

It may be you can **not** get there

- by bike
- by bus.



## What we will do



We want to help you move more. You can

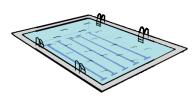
- play sport
- do things with a group.

Like go for bush walks.



RW Stone Reserve. Somers.

You can ride your bike.



Council has places you can go. Like

- swimming pools
- skate parks.

We want more people to use them.



We will help groups use Council places.

Like you teach a dance class.

You can use our hall.



We will check places have what you need.

Like a toilet you can use.



## We want more people to

- walk places
- ride their bike
- take the bus.



## We will

- build more bike paths
- ask for more buses for the Peninsula.