# Public Health and Wellbeing Plan 2025-29

Plan on a page

### **Our Community Vision**

Welcome (Wominjeka).

We celebrate, protect and enhance our unique blend of coast, hinterland, green wedge and heritage - fostering our diverse culture and connected villages, townships and community.

We are committed to supporting community groups, sustainable and balanced growth, a vibrant local economy, fit-for-purpose infrastructure, and ensuring a prosperous, safe, accessible, and inclusive future for all.

### Priority Area 1 Mental health and wellbeing

Mornington Peninsula is a place where all community members can achieve optimal mental health and wellbeing and social connection through all stages of life.

#### Objectives:

- Deliver services, programs and policies that enable social connection and social support across the lifespan.
- Facilitate and support initiatives aimed at strengthening neighbourhoods and building community capacity.
- Build community awareness and understanding of mental health and contributing factors such as loneliness and social isolation.
- Contribute to the prevention of suicide deaths, suicidal ideation, and suicidal attempt rates.
- Plan and advocate for local and affordable health and social services across the municipality.
- Monitor and respond to key indicators of social, emotional and mental wellbeing of children and young people through the provision of strengthbased, person-centred programs and services.

## Priority Area 2 Family violence and inequality

Mornington Peninsula is a welcoming and inclusive place where all community members are free from violence and inequality and where diversity is embraced

#### Objectives:

- Prevent the gendered drivers of violence against women and their children.
- Address discrimination by enabling support for diversity, inclusion and ageism.

### Priority Area 3 Food systems and food security

Mornington Peninsula is a place where all community members have equitable access to nutritious, available, safe, and affordable food.

#### Objectives:

- Enhance the local food system to increase access and availability of nutritious, locally produced food
- Promote and support opportunities for home- and community-based food production.
- Support and deliver services that aim to protect physical health and wellbeing of community members.

### Priority Area 4 Active living

Mornington Peninsula is a place where community have equitable and inclusive opportunities to be physically active, participate in organised and social sport and recreation and travel actively.

#### Objectives:

- Enable opportunities for physical activity in public places and spaces.
- Support and encourage equitable community participation in sport and recreation.
- Support and deliver initiatives that promote active travel across the municipality.
- Enhance access to health services to support healthy and active living for children and their families.

#### How will we achieve this?

Each year we will prioritise the key actions that Council will deliver in that financial year in support of the priority areas identified above.

### Priority Area 5 Alcohol, other drugs, and gambling harm

Mornington Peninsula is a place where community are safe from the harmful impacts of alcohol, other drugs, and gambling.

#### Objectives:

- Deliver evidence-based alcohol harm prevention approaches.
- Deliver evidence-based smoking and vaping harm 5.2 prevention approaches.
- Deliver evidence-based gambling harm prevention approaches.

### Priority Area 6 Health and wellbeing impacts of climate change

Mornington Peninsula is a place where community is prepared, supported, and resilient to the health and wellbeing impacts of climate change.

#### Objectives:

- Increase resilience and preparedness of community to proactively adapt to the health and wellbeing impacts of climate change.
- Effectively prepare and respond to local emergency events and extreme climate conditions.

### Priority Area 7 Housing and homelessness

Mornington Peninsula is a place where everyone has a home that meets their needs and enables them to participate meaningfully in community life.

#### Objectives:

- 7.1 Advocate for and facilitate sustainable housing options for our community that are affordable. appropriate, and available.
- Ensure community members experiencing homelessness or in housing stress are respected, included, and meaningfully supported.

### **Priority Area 8** Community safety

Mornington Peninsula is a place where all community members feel safe, secure, connected, and supported.

#### Objectives:

Improve community safety by creating environments where community members feel secure and supported.

#### How will we measure progress?

Each year we will prepare an Annual Report against the actions completed in supporting the Public Health and Wellbeing Plan, as well as reporting on the impact and outcome indicators in the plan.

Want to know more visit: mornpen.vic.gov.au/healthplan

