

Staying independent

Getting around the Peninsula



**Information on transport options
available to residents and visitors
across the Mornington Peninsula.**



**MORNINGTON
PENINSULA**
Shire

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Discount on vehicle registration

If you or your spouse are Victorian residents and hold a Health Care Card, Pensioner Concession Card or a Gold Repatriation Card you may be eligible for up to 50% discount on your vehicle registration and Transport Accident Commission (TAC) charges.

For more information contact VicRoads:

📞 13 11 71

🌐 vicroads.vic.gov.au

Welcome

Transport and access to everyday activities is vital to ensuring people stay socially connected to their community and to maintain a high quality of life. This can become difficult if you are unable to drive or access public transport on the Peninsula.

This booklet provides information for drivers and non-drivers on many transport options available to residents and visitors across the Mornington Peninsula.

Is it safe to continue driving?

Victoria's licencing policy is based on a person's ability to drive safely. There is no re-testing for licence renewal based on a drivers age. The only restrictions VicRoads currently has in place is that drivers 75 years or older can only renew their licence for a maximum of 3 years at a time, they cannot pay for a 10 year renewal.

The decision to stop or reduce driving is often made by the driver following recommendations from a family member, friend or doctor, or when driving becomes stressful or difficult.

As most people will be faced with the decision to stop driving at some stage in their life it is important that we plan for this transition and understand the alternatives to reduce the stress of this change.

For more information search the VicRoads site for 'older drivers':

 vicroads.vic.gov.au

Free senior driver programs

Seniors Expos

Small group courses to build driving confidence. Includes a driving assessment in your own vehicle, a VicRoads vehicle and tyre check a presentation on driving safely and promoting safer road use behaviours and the opportunity to ask questions of the Victorian Police Highway Patrol. Expos are held at Hastings, Mornington, Rosebud and the Southern Peninsula throughout the year.

Wiser Driver Program

Four sessions are held over four weeks in local venues, and are designed to encourage a friendly, informal and thought-provoking atmosphere where senior drivers can share ideas and experiences and become safer drivers. The course covers advice about the effects of alcohol and medications, fatigue and poor eyesight and information on safer vehicles and planning for the future.

For more information on both programs contact Nancye:

 0419 398 695

 nancye.seniordrivers@outlook.com

Medical conditions and driving

What to do if you have a medical condition

The law states that you must report to VicRoads any medical condition that could affect your ability to drive. If you have a medical condition, or if an existing condition deteriorates, talk to your doctor about how it may affect your driving and then it is advised that you contact VicRoads.

For more information contact VicRoads:

📞 13 11 71

🌐 vicroads.vic.gov.au

Prescription medication and driving

Some medicines can affect your ability to drive. Drinking alcohol in combination with taking some prescription medications can worsen the effect. This is true of both prescribed medications and those bought without a prescription.

To drive safely:

- Read medication labels carefully and follow the directions and warnings
- Ask your doctor or pharmacist if medicines will affect driving and if they do, request an alternative
- If you are likely to be affected, it is recommended that you take public transport, a taxi, or ask a friend or relative to drive if you are likely to be affected

Warning signs include drowsiness, undue aggression, dizziness, nausea, light headedness, blurred or double vision and shakiness.



Disabled Parking Permits

You may be eligible for a disabled parking permit if a medical practitioner certifies that you meet certain criteria.

For more information contact:

- Your local GP
- Mornington Peninsula Shire:
 - 📞 1300 850 600
 - 🌐 mornpen.vic.gov.au/DisabledParking
- VicRoads:
 - 📞 13 11 71
 - 🌐 vicroads.vic.gov.au

Medical Transport

Medical transport is available for people living with medical conditions or disabilities who are unable to access other forms of transport. Services may provide transport to and from hospital or to other medical appointments. If any of the services listed below are not suitable, please contact the hospital or medical practitioner that is managing your condition to see if they can provide any other transport options.

Charges may apply for some services, please discuss directly with service providers.

Peninsula Transport Assist (PTA)

PTA works with local volunteers to help residents overcome transport disadvantage, promote active ageing and improve quality of life and inclusion for older residents. Volunteers will transport residents to medical appointments and health services. All volunteers hold valid police and Working With Children checks and undertake annual vehicle inspections. Pricing is based on a kilometer rate.

For more information contact:

📞 9708 8241

🌐 peninsulatransportassist.org

Simply Care Medical Appointment Service

Simply Care provides affordable and accessible transport to people across the Mornington Peninsula. This service is delivered by volunteers using their own cars to provide transport to customers who require help getting to medical appointments, shops and community services as well as to health and leisure activities. This service charges per kilometer.

For more information contact the booking office:

📞 1300 397 587

✉ bookings@39plus.org.au

🌐 39plus.org.au

Southern Peninsula Cancer Transport Group

Providing a transport support service to assist cancer patients living on the Mornington Peninsula from Mornington to Sorrento and across the Red Hill, to attend medical appointments and treatment at hospitals in Frankston, Moorabbin, Melbourne and locally. Volunteer drivers take the stress out of daily travel.

For more information contact:

📞 0429 624 375

🌐 southernpeninsulacancersupport.org

Red Cross Patient Transport

This service helps people in the Mornington and Mount Eliza area with transport to specialist, non-urgent medical appointments if they are unable to access suitable public transport and/or live in an area that is remote from public transport. The service is free, operates throughout most parts of Victoria and provides a door-to-door service. Red Cross cars are driven by volunteers, not paid paramedics so patients may be required to provide a carer to care for them during the trip if required.

For more information contact:

📞 8327 7700

🌐 redcross.org.au/get-help/community-services/patient-transport

Travellers Aid - Medical companion service

The Travellers Aid Companion Service is a free service available to any eligible person travelling to, from or within Melbourne and the surrounding areas. Whether it is for an essential appointment, a social activity or to attend an important family event, trained volunteers can provide assistance along the way. Travellers Aid companions will meet you at Southern Cross or Flinders Street Station and accompany you by public transport to your medical appointment or event. Volunteers can wait to transport you back to the station following your appointment. Meeting points at other stations can be arranged by special request.

Service operates Monday to Friday, 8am - 6pm and must be booked at least 48 hours in advance.

For more information contact:

📞 1300 700 399

🌐 travellersaid.org.au/our-services/companion-service/

Ambulance Victoria Non-emergency Patient Transport

Ambulance Victoria currently provides transport for patients who don't require time-critical ambulance response but do require clinical monitoring or assistance. Transport can be provided for ambulant and wheelchair bound patients for a range of services, including outpatient appointments, x-ray, specialist appointments, radiotherapy, renal dialysis, hospital admission and discharges. You will require a referral from your doctor to access this service.

For more information contact:

📞 1300 366 313

🌐 ambulance.vic.gov.au/about-us/our-services/non-emergency-patient-transport



Community Transport Services

Community transport services are provided by volunteer organisations, councils and community service agencies. Many of the community transport options listed below provide support to clients. Please phone the organisation to see how you can become a client and access their services.

Mornington Peninsula Shire Community Transport

Transport options are available for people 65 years and older or people who have a disability (and their carer) to help them to remain independent, access their local community and maintain social connections.

Please note, residents who have been approved for an NDIS package need to contact their NDIS provider for transport services.

Passengers need to be independent and mobile; wheelchairs and mobility aids can be accommodated.

Passenger numbers are limited and will be allocated on a first to book basis.

Dial A Bus

Dial A Bus operates right across the Peninsula with each township having a dedicated day for services. Morning trips collect people from their homes with return trips starting in the early afternoon. The bus will collect passengers from the footpath at any address within the service area, and transport them to any location within the service area. Cost of travel on Dial-A-Bus is \$1.00 each way. Bookings must be made by 10am on the business day prior to the day of travel.

Outings & Excursions

The Shire offers a program of regular outings and excursions to places and events of interest for individuals who are assessed as Home & Community Care Program for Younger People (HACC-PYP) or Commonwealth Home Support Program (CHSP) eligible. Cost of travel on Outings and Excursions is \$7.50 per trip. Additional costs for each trip are at the passengers own expense, eg venue entry, lunch, etc.

To be eligible for Outings & Excursions you must be a frail, older person or a person with a disability (and their carer), who does not have the capacity to attend similar outings, lives in a remote and isolated area and is socially isolated. The bus will collect passengers from the footpath at the given address.

For more information about the Shire's Community Transport Program contact:

☎ 5950 1605

✉ communitytransport@mornpen.vic.gov.au

🌐 mornpen.vic.gov.au/communitytransport

Retirement and Independent Living Villages

Many retirement and independent living villages provide a bus service for their residents. Contact your village to find out more.



Peninsula Transport Assist (PTA)

PTA works with local volunteers to help residents overcome transport disadvantage, promote active ageing and improve quality of life and inclusion for residents. Volunteers will transport residents to a range of social activities including shopping centers, medical appointments, libraries, recreation facilities and social clubs and groups. All volunteers hold valid police and Working With Children checks and undertake annual vehicle inspections. PTA also offers 11 and 25 seater Mini Buses for hire at very competitive rates. Buses are available either as a self drive or with a PTA supplied volunteer driver.

For more information contact:

📞 9708 8241

🌐 peninsulatransportassist.org

Social Support Group Transport

Many organisations offer social support groups to their clients to help them maintain social connections and remain active as well as providing respite for carers. These organisations may also provide transportation to and from the groups.

For more information on Social Support groups and group transport, eligibility and any associated costs please contact the provider directly.

Simply Care

☎ 5986 5255

✉ outreach@39plus.org.au

Andrew Kerr

☎ 5975 6422

✉ daycentre@andrewkerr.com.au

Brotherhood of St Laurence

☎ 1300 117 147

✉ aziada@bsl.org.au

Mentis Assist

☎ 5970 5000

✉ lmonkhouse@mentisassist.org.au

MiCare

☎ 0432 601 636

✉ fmppag1@micare.com.au

Peninsula Health Community Health

☎ 5970 2000

✉ kwrangles@phcn.vic.gov.au

Village Baxter

☎ 5971 6372

✉ daycentre@villagebaxter.com



Public Transport

Victoria's public transport system includes trains, trams and buses that can take you to most places efficiently. Many people use public transport rather than driving as it is quick, easy and cheaper than driving and parking a car. If it has been a while since you used public transport, or have never used it, plan a trip with a friend or family member first who is familiar with the system.

Public Transport Victoria (PTV)

Public Transport Victoria is the best contact for information on public transport services across Victoria, including fares, tickets and planning your travel.

For more information contact:

📞 1800 800 007

🌐 ptv.vic.gov.au

Bus Services

Ventura Bus Lines, under contract to PTV, operates ten bus lines on the Peninsula. Bus route information is available on buses, just ask the driver.

Bus Routes

772 Frankston to Eliza Heights

781 Frankston to Mount Martha via Mount Eliza & Mornington

782 Frankston to Flinders via Coolart Road & Hastings

783 Frankston to Hastings via Coolart Road

784 Frankston to Osborne via Mount Eliza & Mornington

785 Frankston to Mornington East vic Mount Eliza & Mornington

786 Rye to St Andrews Beach

787 Sorrento to Rosebud

788 Frankston to Portsea via Dromana, Rosebud & Sorrento (weekend Night Network)

887 Rosebud to Rosebud via Monash University Peninsula Campus and Peninsula Link Frankston (express)

FlexiRide

Rosebud to Dromana area

FlexiRide is an on demand service with curbside pick-up and no fixed route. Book a trip from a virtual or physical bus stop and travel to or from the designated FlexiRide hubs in the Rosebud service area. Trips can be booked via the FlexiRide app or by phone. The app provides real-time information so you know when the service is arriving. FlexiRide is cashless and uses myki.

For more information:

📞 8710 6377

🌐 bit.ly/FlexiRideRosebud

Night Network

Night Network is a 24-hour bus service running Friday and Saturday nights. On the Peninsula the 788 Frankston to Portsea is the Night Bus. During the night network operation, buses operate to Sorrento only, not Portsea. Night Network is cashless and uses myki. Return fares are free if you touch on before 3am.

For more information:

- 📞 1800 800 007
- 🌐 bit.ly/NightNetwork

Trains

Metro Trains Melbourne, under contract to PTV, operates one train line on the Peninsula running from Frankston Station to Stony Point, stopping at nine stations; Leawarra, Baxter, Somerville, Tyabb, Hastings, Bittern, Morradoo, Crib Point and Stony Point. Stony Point trains connect with trains to and from Melbourne at Frankston.

For more information on PTV bus and train services, or for a timetable contact:

- 📞 1800 800 007
- 🌐 ptv.viv.gov.au/route/timetables

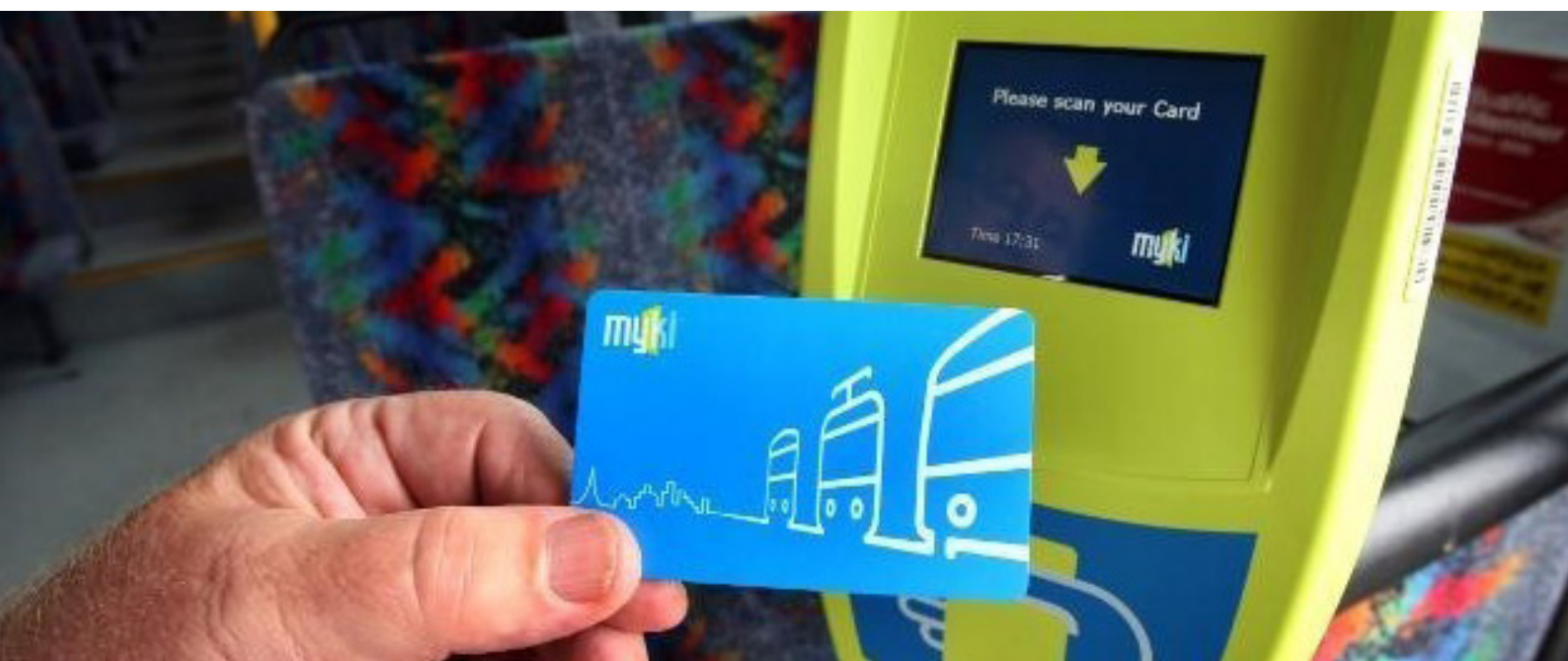
Public Transport Tickets

Travelling on public transport requires a Myki.

You can buy a Myki card to store funds that are used to 'tap on and off' as you travel. Alternatively, you can use Mobile Myki on the Google Wallet app on an android phone. Top up on the go, touch on and off with your phone and know your balance in real time.

For more information contact:

- 📞 1800 800 007
- 🌐 myki.com.au
- 📱 Play Store - Google Wallet app



Shire Advocacy

The Mornington Peninsula Shire continues to work with relevant government departments to advocate for improved public transport for all residents and visitors on the Mornington Peninsula.

For more information:

📍 mornpen.vic.gov.au/transport

Airport Transfers

SkyBus - Peninsula Express

For over 40 years SkyBus has been providing reliable and affordable express airport transfers between the Frankston and Tullamarine and Avalon Airports. Peninsula Express is now faster and easier to catch than ever, providing regular and reliable airport transfers. Best of all, there's no booking required – just turn up and go! Tickets can be purchased online, in person at airport ticket booths, or from drivers when you board the bus.

For more information contact:

📞 1300 SKYBUS (1300 759 287)

🌐 skybus.com.au/peninsula-express/

✉ info@skybus.com.au



Public transport entitlements and concessions

How much you pay to travel on trains, trams and buses is determined by where you travel, your ticket type, your eligibility for a concession or free fare and other discounts. Concession fares are available to pensioners, Seniors Card holders, war veterans and war widow(er)s, Disability Support Pension and Carer Payment recipients. You may also be eligible for free travel.

Free travel passes

Access Travel Pass

Apply for an Access Travel Pass if you have a permanent physical disability, cognitive condition or mental illness that prevents you from using myki.

Scooter or Wheelchair Access Pass

Apply if you depend on a scooter or wheelchair while travelling.

Vision Impaired Travel Pass

Apply if you are legally blind.

War Veteran Free Travel Pass

Apply if you have limited mobility due to an injury or illness related to military service.

For more information contact:

📞 1800 800 007

🌐 ptv.vic.gov.au/tickets/myki/concessions-and-free-travel

Companion Card

With a Companion Card, your carer or companion can travel free on trains, trams and buses when they travel with you. You're eligible for a Companion Card if you need assistance when travelling on public transport. The Card gives your carer or companion free travel, you will still need a valid ticket or free travel pass for your journey.

For more information contact:

📞 1800 650 611

🌐 companioncard.org.au

✉ companioncard@dhhs.vic.gov.au

Carer Card

The Victorian Carer Card ('We Care' card) entitles you to free weekend travel in any two consecutive zones. Cardholders who live in Victoria will also receive two free off-peak travel vouchers. Take your Victorian Carer Card to a staffed metropolitan station to buy a specially encoded myki. You can buy a Full Fare myki, or a Concession myki if you're eligible.

For more information contact:

📞 1800 901 958

🌐 carercard.vic.gov.au

Accessibility on public transport

Buses

Wheelchair accessible buses service every route, however there are still some high floor buses in operation. If you use a mobility aid such as a wheelchair or scooter, check that your mobility aid can fit on public transport. You can choose accessible services and stops when planning your trip using the PTV Journey Planner.

For more information contact:

📞 1800 800 007

🌐 ptv.vic.gov.au/more/travelling-on-the-network/accessibility



Trains

All trains are wheelchair accessible. Passengers who need help boarding trains should wait on the platform near the front of the train. This area is marked with a yellow or white triangle on metropolitan platforms. The driver is able to help passengers to board and exit the train by placing a ramp down.

Travellers Aid Access Service (TAAS)

Assists people with a permanent disability, temporary impairment or those who are frail-aged and require assistance when they are travelling or visiting Melbourne.

Qualified Client Support Officers (CSOs) can assist with mealtime support, communication issues and/or personal toileting for people with a disability when travelling with or without a carer. Users of mobility equipment can also access charging points. TAAS is available at Travellers Aid site lounges at Flinders Street Station and Southern Cross Station. TAAS is free and no referral or booking is required. Client Support Officers can provide:

- Mealtime support
- Personal care / Toilet assistance
- Communication assistance for people with speech impairments or who require assistance when filling out forms
- Fully accessible bathroom facilities with ceiling hoist and adult change table. For hygiene purposes, we request that clients bring their own sling
- Wheelchair / scooter recharging facilities
- Accessible public internet computers

People who are travelling with friends, family or personal support workers are most welcome to utilise our TAAS service.

For more information contact:

Flinders Street Station

📞 9068 8187

🌐 travellersaid.org.au/our-services/disability-services

✉ fss@travellersaid.org.au

Southern Cross Station

📞 1300 700 399

🌐 travellersaid.org.au/our-services/disability-services

✉ fss@travellersaid.org.au



Taxi and rideshare services

Taxi

A number of taxi services operate across the Peninsula 24 hours a day, seven days a week. Taxi's can be booked online to pick you up immediately or pre-booked up to 7 days in advance. Operators include:

13CABS

- 📞 132 227
- 🌐 13cabs.com.au

Peninsula Cabs

- 📞 5981 2233
- Note: this number diverts to 13CABS

Silvertop Taxis

- 📞 13 50 00
- 🌐 silvertop.com.au

Black and White Cabs

- 📞 13 32 22
- 🌐 blackandwhitecabs.com.au

Frankston Taxis

- Pick up as far as Mount Martha and Hastings only
- 📞 9786 3322
- 🌐 frankstoncabs.com.au

Metro Cabs

- Booking agent for multiple taxi companies across the Mornington Peninsula
- 📞 1300 171 615
- 🌐 metrocabs.com.au

Crown Cabs

- 📞 1300 121 314
- 🌐 crownccabs.com.au

Wheelchair accessible vehicles

13cabs provides mobility and independence for people facing transport disadvantage. Professional wheelchair accessible taxi drivers can provide you with an efficient and personalised service.

For more information contact:

- 📞 9277 3877
- 🌐 13cabs.com.au
- 📱 13cabs app on your phone

Multi Purpose Taxi Program

The Multi Purpose Taxi Program (MPTP) is available to assist with the travel needs of people with severe and permanent disabilities by offering discounted taxi fares to members of the program. The taxi subsidy is 50% of the metered fare with a limit of \$60 per trip.

For more information contact:

- 📞 1800 638 802
- 🌐 cpv.vic.gov.au
- 📧 mptp@cpv.vic.gov.au

Rideshare

Uber

On-demand, online transport technology. All booking and payments are made online. Open the app, enter your destination, check the wait times and prices for available options, confirm your pick-up location and hit request. You will be notified when the driver is at your pick-up location. You can even send your ride booking to a friend or family member so they can keep an eye on you.

For more information contact:

- 📍 uber.com/au/en
- 📱 Play Store - Uber app

Shebah

Shebah is Australia's first and only all-women rideshare service getting women and children where they need to go. Enjoy the safety and certainty of being part of an all woman network of drivers and passengers. Shebah is the only legal rideshare service for unaccompanied children with all drivers holding a Working With Children Check. Many cars are fitted with child and baby seats, on request, and they even welcome your fur babies. Much like Uber, all bookings and payments for Shebah are done through the Shebah Passenger app.

For more information contact:

- ☎ 8640 9954
- 📍 shebah.com.au
- 📱 Play Store - Shebah Passenger app

Travelling with assistance animals

Commercial passenger vehicle drivers have a legal responsibility to transport passengers and their assistance animals. Assistance animals, such as guide dogs, must be accepted by the driver for carriage within public transport, taxis or other rideshare services.



Ferries

Port Phillip Bay

Searoad Ferries operates 2 all weather car and passenger ferries between Sorrento and Queenscliff 365 days a year and carrying more than 800,000 people annually. Ferries depart both Sorrento and Queenscliff every hour, on the hour from 7am to 6pm daily. An extra twilight service operates at 7pm from 26 December to 31 January, every day; in February and March on weekends (Friday, Saturday and Sundays) and on Public Holidays as well as the Easter Long Weekend (Friday – Monday).

For more information contact:

- 📞 5275 4500
- 🌐 searoad.com.au
- ✉ travel@searoad.com.au



Western Port Bay

Westerport Ferries operates a passenger ferry services on Western Port Bay. Ferries travel between Stony Point and Phillip Island and Stony Point and French Island. Seniors Card holders can travel for free on weekends and public holidays. The ferries are not all weather ferries and are subject to weather and sea conditions. In the interest of passenger safety cancellations without notification may occur. Passengers are advised to check weather conditions before travel and check our website right up to the time of travel for any disruptions to service. Please note, the pier at Stony Point is not wheelchair accessible.

For more information contact:

- 📞 5275 4565
- 🌐 westernportferries.com.au
- ✉ info@westernportferries.com.au

Mobility Scooters

Mobility scooters are battery powered and have a maximum speed of 10km. They help people to maintain their independence and stay connected to their community.

Scooters are a mobility aid for people who have difficulty walking, not a form of transport. An Occupational Therapist will assess you to determine if a mobility scooter is the best option for you. VicRoads can provide information on choosing and using mobility devices.

For more information contact:

☎ 8391 3255

🌐 vicroads.vic.gov.au/safety-and-road-rules/pedestrian-safety/motorised-mobility-devices

Free Safer Scooter Wiser Wheelchair Course

Designed to educate those who own or intend to purchase a motorised mobility device (MMD) or wheelchair. Mornington Peninsula Shire, in collaboration with leading agencies, is providing free courses in scooter, wheelchair and senior driving safety. Through sharing ideas and experiences, the program aims to improve safety and build confidence. The session run by Access Health and Community, in conjunction with the Mornington Peninsula Shire, will cover:

- safe and responsible driving practices
- road rules and legal requirements
- how to get on public transport and use local services (e.g. accessible toilets)
- choosing the right motorised vehicle, and more.

For more information or to express your interest in the next opportunity, contact the Shire's Traffic and Transport Team:

☎ 5950 1959

Scooter and wheelchair travel

If you use a mobility aid such as a wheelchair or scooter, check that your mobility aid can fit on public transport. Choose accessible services and stops when planning your trip using our Journey Planner, or call 1800 800 007.

For more information contact:

☎ 1800 800 007

🌐 ptv.vic.gov.au/journey/



Try Before You Ride

The Try Before You Ride program can help you feel more confident when using public transport. You can ask questions about travelling on public transport, and practise getting on and off an accessible train, tram, bus, coach and taxi. The program helps people of all abilities feel more confident when using the public transport system, including seniors, people with a disability and parents with children.

For more information contact:

☎ 1800 800 007

🌐 ptv.gov.au/more/travelling-on-the-network/accessibility/try-before-you-ride/

Mobility Scooter Recharge Scheme

Scooter recharge locations support people who use an electric mobility scooter or wheelchair. The Recharge Scheme is an initiative which invites businesses to provide a power point for people to recharge the batteries of their electric wheelchair or scooter. With many locations across the Peninsula listed on the Shire website or a Recharge Finder on the Recharge Scheme website, you are sure to find a recharge point to suit your daily needs.

For more information visit:

🌐 mornpen.vic.gov.au/scooterrecharge

🌐 rechargescheme.org.au/recharge-finder

Mobility Maps

The Mornington Peninsula Shire is committed to enhancing the safe participation and health and wellbeing of people who use motorised scooters and other motorised mobility devices. Council has developed a range of resources to assist users of these mobility devices to maximise their independence.

For more information contact:

☎ 5950 1099

🌐 mornpen.vic.gov.au/mobilitymaps

🌐 CYFCCustomerfocus@mornpen.vic.gov.au



Other Resources

RACV produces a number of resources to help you with more than just car insurance and roadside assistance. The RACV website provides information on public transport, vehicle maintenance and road safety, travel and leisure, car sharing, and insurance and safety around your home to name just a few. Below are listed a few programs that might help but please visit the RACV website or call RACV for more help.

📞 13 72 28

🌐 racv.com.au

Years Ahead

RACV's free Years Ahead presentations aim to increase awareness of things to consider as we age. They empower older Victorians to be able to continue living rich, fulfilling lives, by providing tips and guidance on safety in the home, getting out and about, and driving with confidence. Book an RACV expert to talk to your community group about keeping older Victorians safe on the road, in the home, and connected with friends and family.

- Road Safety for Seniors - how health impacts driving, vehicle and road safety tips and information about alternatives to driving
- Healthy Ageing and Staying Connected - the ageing population, healthy ageing and keeping active, alternative transport, internet use and scams
- Personal Safety and Home Safety

For more information contact:

📞 9790 2915

🌐 racv.com.au/on-the-road/driving-maintenance/road-safety/older-drivers

Dementia, Driving and Mobility

RACV strongly believes that all drivers should drive for as long as they are safe to do so. However, some medical conditions impact on driving ability, and for the people affected this may mean that they need to re-consider their driving future. For people with dementia, their families and carers, the decision about whether to continue driving can be challenging. Balancing safety considerations with independence and mobility is often difficult but it's important to talk about these issues. The Dementia, Driving and Mobility guide has been developed for health professionals, carers, families, friends and for people with dementia. It provides a summary of the key issues surrounding driving and dementia and describes what other mobility options exist for people who can no longer drive.

For more information visit:

🌐 racv.com.au/content/dam/racv/images/public-policy/pdfs/roadusers/RACV-Dementia-driving-and-mobility-guide.pdf

Emergency Wheelchair and Scooter Assist

If your wheelchair or mobility scooter has a fault, flat tyre or flat battery, RACV will come to your aid day or night. With RACV's emergency breakdown service, you're entitled to up to 8 call-outs a year for as little as \$30 per annum. RACV can help with changing a flat tyre, minor mechanical repairs, fitting of spare parts (where available) or arranging a wheelchair accessible taxi.

For more information contact:

📞 13 72 28

🌐 racv.com.au/on-the-road/roadside-assistance/wheelchair-scooter-assist

In-home and community support

There are Government programs designed to help Australians access support services to help them live safely and independently at home and in their community. Services may include social support, assistance to access the community, or transport services.

Commonwealth Home Support Program & Home Care Packages

Residents aged 65 years of age and over (50 years and over for people identifying as Aboriginal or Torres Strait Islander) can apply for services via My Aged Care. An assessment will determine eligibility.

For more information contact:

📞 1800 200 422

🌐 myagedcare.gov.au

Home and Community Care Program for Younger People

Residents aged 64 years of age and under (49 years and under for people identifying as Aboriginal or Torres Strait Islander) can access the Home and Community Care Program for Younger People.

For more information contact:

📞 1300 850 600

National Disability Insurance Scheme

The NDIS is Australia's first national Scheme for people with disability. It caters for people aged from 7 to 65 who have a permanent and significant disability by providing supports and services. This includes assistance or products that help a person in their daily life and help them participate in the community and reach their goals.

For more information contact:

📞 1800 800 110

📧 NAT@ndis.gov.au

🌐 ndis.gov.au



Acknowledgements

This booklet was produced by the Community Care team at Mornington Peninsula Shire. All information is correct at time of printing. Some of the information in this publication was sourced from:

- VicRoads:  vicroads.vic.gov.au
- Myki:  myki.com.au
- Public Transport Victoria:  ptv.vic.gov.au

Mornington Peninsula Shire acknowledges the contribution of all the organisations featured in this publication.

For more information, contact the Mornington Peninsula Shire

 1300 850 600 or 5950 1000

 mornpen.vic.gov.au

 @MornPenShire

Private Bag 1000, Rosebud VIC 3939

Fax: 5986 6696

TTY: 133 677 then ask for 1300 850 600

Speak & Listen users: (speech-to-speech)

1300 555 727 then ask for 1300 850 600

NRS: Connect to NRS on relayservice.com.au
then ask for 1300 850 600



Mornington Peninsula Shire acknowledges the Bunurong people who have been the traditional custodians of this land for many thousands of years; and pays respect to their Elders past and present.

We are committed to the cultural safety of older people of Aboriginal and Torres Strait Islander, culturally and linguistically diverse and LGBTI backgrounds.