
From: noreply@opencities.com
Sent: Monday, 24 April 2017 9:52 PM
To: Web Content; Andrew Wood
Subject: Proposed Council Plan 2017-2021 Submissions Submitted

Submission Date: 24 Apr 2017 09:52 PM Reference No: 13 Form Details:

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Submission Detail

New aquatic centre Gym and activity centre. All in one. Going back 20 years places like reservoir complete service.pool,spa aerobics gym definately needed by our communtiy. All sorts of fitness programs for the young and old. Teenagers need a modern outlet to keep fit and socialise and the elderley need to socialise and keep fit and still be part of an active community. Excercise helps with stress anxiety and depression and we all know these effect both young and old. The peninsula has had its share of suicides due to many factors and stress leads to many chronic illnesses such as cancers, immune deficiencies and disease as well as physical disabilities and injuries. Chronic neck pain and headaches due to work positions or overuse of technology. We all need physical excersise as well as an outlet away from the tech world and everyday mundane tasks. The current gyms lack in facilities and are not large enough and dont offer everything under the same roof. Salt rooms are also great for lungs and bronchial disease and asthmas. Perhaps council can negotiate business with current local gyms to prevent any negativity towards the project as a new complex may decrease business.

Submission attachment No file attached
Do you wish to appear in person, or be represented by another person, at a meeting? Yes, I wish to appear in person myself
Full name of representative (if applicable)
I acknowledge that my submission, including my name, will be published on Council's website and will form part of the public record of the relevant Council and Committee meetings I understand
You will not be able to make any changes to the contents of your submission once it has been lodged I understand