

Strengthening families program over 2 years

Strengthening families is an evidence-based therapeutic family education program and was piloted in the Somerville Community to encourage family connectedness.

It was introduced as one of Communities That Care's key strategies which aims to decrease family conflict. It focuses on emotional connection between parents and their children.



46

family dinners

84
participants

200 hours
of contact time
with local families

12 families
referred on to
other support
agencies



3 community
partnerships
created

Three



1-day
family outing
giveaways

120
hours
of therapeutic
education
sessions

120 hours
of Youth Services'
contact time with
siblings of the
program



25 families
engaged in
the program