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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>Soup (choose one):</b> <input type="checkbox"/> Carrot Soup (V) <input type="checkbox"/> Vegetable Soup (V)	<b>Soup (choose one):</b> <input type="checkbox"/> Cauliflower & Cheese Soup (V) <input type="checkbox"/> Vegetable Soup (V)	<b>Soup (choose one):</b> <input type="checkbox"/> Pumpkin Soup (V) <input type="checkbox"/> Vegetable Soup (V)	<b>Soup (choose one):</b> <input type="checkbox"/> Curried Parsnip Soup (V) <input type="checkbox"/> Vegetable Soup (V)	<b>Soup (choose one):</b> <input type="checkbox"/> Tomato Soup (V) <input type="checkbox"/> Vegetable Soup (V)	<b>Soup (choose one):</b> <input type="checkbox"/> Carrot Soup (V) <input type="checkbox"/> Vegetable Soup (V)	<b>Soup (choose one):</b> <input type="checkbox"/> Tomato Soup (V) <input type="checkbox"/> Vegetable Soup (V)
<b>Main meal (choose one):</b> <input type="checkbox"/> Spaghetti Bolognese <i>Italian classic of beef &amp; tomato sauce served with pasta.</i> <input type="checkbox"/> Moroccan Lamb Tajine <i>Spiced lamb stew with lemon &amp; couscous</i> <input type="checkbox"/> Steamed Fish <i>Served with steamed vegetables.</i> <input type="checkbox"/> Cheese & Leek Quiche (V)	<b>Main meal (choose one):</b> <input type="checkbox"/> Pork Chop with Bacon & Mushroom <input type="checkbox"/> Beef & Broccoli Stir-fry with oyster sauce <input type="checkbox"/> Grilled Lamb <i>Simply grilled and served with vegetables.</i> <input type="checkbox"/> Italian Bean Hot Pot (V) <i>Tomato &amp; bean casserole.</i>	<b>Main meal (choose one):</b> <input type="checkbox"/> Roast Chicken <i>Onion stuffing, roast vegetables &amp; chicken gravy.</i> <input type="checkbox"/> Roast Lamb <i>Thinly sliced lamb with roast vegetables.</i> <input type="checkbox"/> Grilled Steak <i>Simply grilled &amp; served with vegetables.</i> <input type="checkbox"/> Nut Loaf & Gravy (V) <i>Vegetarian roast with vegetables &amp; gravy.</i>	<b>Main meal (choose one):</b> <input type="checkbox"/> Braised Oyster blade Steak & Onions with mashed potatoes & sweet onion sauce. <input type="checkbox"/> Chicken Strudel <i>Seasoned chicken rolled in pastry &amp; fruit chutney.</i> <input type="checkbox"/> Grilled Pork Chop <i>Simply grilled &amp; served with vegetables.</i> <input type="checkbox"/> Vegetable Chow Mien (V) <i>Spiced egg noodle stir-fry.</i>	<b>Main meal (choose one):</b> <input type="checkbox"/> Tuna Pasta Bake <i>Tuna, pasta &amp; cheese sauce baked with crisp crumb topping.</i> <input type="checkbox"/> Steak Dianne <i>Sauté steak with Worcestershire cream sauce.</i> <input type="checkbox"/> Grilled Chicken <i>Simply grilled &amp; served with vegetables.</i> <input type="checkbox"/> Asparagus Crepes (V) <i>Thin Pancake filled with asparagus &amp; cheese.</i>	<b>Main meal (choose one):</b> <input type="checkbox"/> Pork Meatballs & Mustard sauce. <input type="checkbox"/> Chicken Chop Suey <i>Chinese style chicken &amp; vegetable stir-fry with steamed rice.</i> <input type="checkbox"/> Steamed Fish <i>Served with steamed vegetables.</i> <input type="checkbox"/> Vegetable Paella (V) <i>Spanish rice dish with sautéed vegetables &amp; spices.</i>	<b>Main meal (choose one):</b> <input type="checkbox"/> Roast Chicken <i>Served with roast vegetables onion stuffing and chicken gravy.</i> <input type="checkbox"/> Roast Beef <i>Thinly sliced beef with roast vegetables and gravy.</i> <input type="checkbox"/> Grilled Lamb <i>Simply grilled and served with steamed vegetables.</i> <input type="checkbox"/> Tomato & Spinach Ravioli (V)
<b>Dessert (choose one):</b> <input type="checkbox"/> Vanilla Panna Cotta (V) <input type="checkbox"/> Jelly & Custard	<b>Dessert (choose one):</b> <input type="checkbox"/> Sticky Date Pudding & Cream (V) <input type="checkbox"/> Pears & Yoghurt (V)	<b>Dessert (choose one):</b> <input type="checkbox"/> Black Berry Crumble & Custard (V) <input type="checkbox"/> Vanilla Mousse & Raspberry Coulis (V)	<b>Dessert (choose one):</b> <input type="checkbox"/> Trifle (V) <input type="checkbox"/> Stewed Fruit & Custard (V)	<b>Dessert (choose one):</b> <input type="checkbox"/> Lemon Tart & Cream (V) <input type="checkbox"/> Baked Apple and Custard (V)	<b>Dessert (choose one):</b> <input type="checkbox"/> Banana bread (V) <i>with salted caramel sauce and cream</i> <input type="checkbox"/> Passionfruit Pavlova (V)	<b>Dessert (choose one):</b> <input type="checkbox"/> Peaches & Custard (V) <input type="checkbox"/> Chocolate Self-Saucing Pudding (V)
<b>Fruit (choose one):</b> <input type="checkbox"/> Orange Juice (V) <input type="checkbox"/> Apple Juice (V) <input type="checkbox"/> An Apple (V) <input type="checkbox"/> An Orange (V)	<b>Fruit (choose one):</b> <input type="checkbox"/> Orange Juice (V) <input type="checkbox"/> Apple Juice (V) <input type="checkbox"/> An Apple (V) <input type="checkbox"/> An Orange (V)	<b>Fruit (choose one):</b> <input type="checkbox"/> Orange Juice (V) <input type="checkbox"/> Apple Juice (V) <input type="checkbox"/> An Apple (V) <input type="checkbox"/> An Orange (V)	<b>Fruit (choose one):</b> <input type="checkbox"/> Orange Juice (V) <input type="checkbox"/> Apple Juice (V) <input type="checkbox"/> An Apple (V) <input type="checkbox"/> An Orange (V)	<b>Fruit (choose one):</b> <input type="checkbox"/> Orange Juice (V) <input type="checkbox"/> Apple Juice (V) <input type="checkbox"/> An Apple (V) <input type="checkbox"/> An Orange (V)	<b>Fruit (choose one):</b> <input type="checkbox"/> Orange Juice (V) <input type="checkbox"/> Apple Juice (V) <input type="checkbox"/> An Apple (V) <input type="checkbox"/> An Orange (V)	<b>Fruit (choose one):</b> <input type="checkbox"/> Orange Juice (V) <input type="checkbox"/> Apple Juice (V) <input type="checkbox"/> An Apple (V) <input type="checkbox"/> An Orange (V)

## Week 2

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>Soup (choose one):</b> <input type="checkbox"/> Cauliflower & Cheese Soup (V) <input type="checkbox"/> Vegetable Soup (V)	<b>Soup (choose one):</b> <input type="checkbox"/> Winter Pea Soup (V) <input type="checkbox"/> Vegetable Soup (V)	<b>Soup (choose one):</b> <input type="checkbox"/> Potato & Leek Soup (V) <input type="checkbox"/> Vegetable Soup (V)	<b>Soup (choose one):</b> <input type="checkbox"/> Broccoli Soup (V) <input type="checkbox"/> Vegetable Soup (V)	<b>Soup (choose one):</b> <input type="checkbox"/> Pumpkin Soup (V) <input type="checkbox"/> Vegetable Soup (V)	<b>Soup (choose one):</b> <input type="checkbox"/> Cauliflower & Cheese Soup (V) <input type="checkbox"/> Vegetable Soup (V)	<b>Soup (choose one):</b> <input type="checkbox"/> Pumpkin Soup (V) <input type="checkbox"/> Vegetable Soup (V)
<b>Main meal (choose one):</b> <input type="checkbox"/> <b>Beef Goulash</b> <i>Beef stew flavoured with paprika &amp; caraway.</i> <input type="checkbox"/> <b>Salmon Patties</b> <i>Home style salmon &amp; potato patty with tartare sauce.</i> <input type="checkbox"/> <b>Grilled Lamb Chop</b> <i>Simply grilled &amp; served with steamed vegetables.</i> <input type="checkbox"/> <b>Sweet Pepper Frittata</b> (V) <i>Italian style omelette of red capsicum &amp; potatoes.</i>	<b>Main meal (choose one):</b> <input type="checkbox"/> <b>Braised Lamb &amp; Pea Pasta.</b> <input type="checkbox"/> <b>Chicken Massaman Curry</b> <i>Sweet coconut &amp; pineapple curry.</i> <input type="checkbox"/> <b>Steamed Fish</b> <i>Steamed vegetables &amp; mashed potato.</i> <input type="checkbox"/> <b>Vegetable Crumble</b> (V) <i>Swede &amp; turnip bake with mustard and honey crust.</i>	<b>Main meal (choose one):</b> <input type="checkbox"/> <b>Roast Pork</b> <i>Served with apple sauce roast vegetables and gravy.</i> <input type="checkbox"/> <b>Roast Beef</b> <i>Thinly sliced with traditional roast vegetables and gravy.</i> <input type="checkbox"/> <b>Grilled Chicken</b> <i>Simply grilled &amp; served with steamed vegetables.</i> <input type="checkbox"/> <b>Bubble &amp; Squeak</b> (V) <i>Roasted vegetables and vegetarian sauce.</i>	<b>Main meal (choose one):</b> <input type="checkbox"/> <b>Coq au Vin</b> <i>Chicken cooked in a red wine sauce</i> <input type="checkbox"/> <b>Meatloaf and Onion Gravy</b> <input type="checkbox"/> <b>Grilled Lamb</b> <i>Simply grilled &amp; served with steamed vegetables</i> <input type="checkbox"/> <b>Eggplant Parmigiana Bake</b> (V) <i>Layered eggplant tomato and cheese.</i>	<b>Main meal (choose one):</b> <input type="checkbox"/> <b>Grilled Fish with Lemon Sauce</b> <input type="checkbox"/> <b>Corned Beef &amp; Parsley Sauce</b> <input type="checkbox"/> <b>Grilled Pork Chop</b> <i>Simply grilled &amp; served with steamed vegetables.</i> <input type="checkbox"/> <b>Spiced Lentil &amp; Spinach Pie</b> (V)	<b>Main meal (choose one):</b> <input type="checkbox"/> <b>Beef &amp; Broccoli Stir-fry</b> <i>with oyster sauce</i> <input type="checkbox"/> <b>Pork Chop with Bacon &amp; Mushroom</b> <input type="checkbox"/> <b>Grilled Lamb</b> <i>Simply grilled &amp; served with vegetables.</i> <input type="checkbox"/> <b>Spinach &amp; Ricotta Cannelloni</b> (V)	<b>Main meal (choose one):</b> <input type="checkbox"/> <b>Roast Lamb</b> <i>Thinly sliced lamb with roast vegetables</i> <input type="checkbox"/> <b>Roast Chicken</b> <i>Onion stuffing, roast vegetables &amp; chicken gravy</i> <input type="checkbox"/> <b>Grilled Steak</b> <i>Simply grilled &amp; served with vegetables</i> <input type="checkbox"/> <b>Vegetable Tajine</b> (V) <i>Spiced vegetable stew with lemon &amp; couscous</i>
<b>Dessert (choose one):</b> <input type="checkbox"/> <b>Apricot Crumble &amp; Custard</b> (V) <input type="checkbox"/> <b>Jelly &amp; Cream</b>	<b>Dessert (choose one):</b> <input type="checkbox"/> <b>Golden Syrup Pudding &amp; Custard</b> (V) <input type="checkbox"/> <b>Strawberry Cheesecake</b>	<b>Dessert (choose one):</b> <input type="checkbox"/> <b>Prunes &amp; Custard</b> (V) <input type="checkbox"/> <b>Cappuccino Cream</b> <i>Coffee flavoured mousse dessert.</i>	<b>Dessert (choose one):</b> <input type="checkbox"/> <b>Key Lime Pie &amp; Cream</b> (V) <input type="checkbox"/> <b>Apricots &amp; Yoghurt</b> (V)	<b>Dessert (choose one):</b> <input type="checkbox"/> <b>Coconut Syrup Cake and Cream</b> (V) <input type="checkbox"/> <b>Jellied Peaches &amp; Custard</b>	<b>Dessert (choose one):</b> <input type="checkbox"/> <b>Pears &amp; Yoghurt</b> (V) <input type="checkbox"/> <b>Sticky Date Pudding and Cream</b> (V)	<b>Dessert (choose one):</b> <input type="checkbox"/> <b>Vanilla Mousse &amp; Raspberry Coulis</b> (V) <input type="checkbox"/> <b>Black Berry Crumble and Custard</b> (V)
<b>Fruit (choose one):</b> <input type="checkbox"/> <b>Orange Juice</b> (V) <input type="checkbox"/> <b>Apple Juice</b> (V) <input type="checkbox"/> <b>An Apple</b> (V) <input type="checkbox"/> <b>An Orange</b> (V)	<b>Fruit (choose one):</b> <input type="checkbox"/> <b>Orange Juice</b> (V) <input type="checkbox"/> <b>Apple Juice</b> (V) <input type="checkbox"/> <b>An Apple</b> (V) <input type="checkbox"/> <b>An Orange</b> (V)	<b>Fruit (choose one):</b> <input type="checkbox"/> <b>Orange Juice</b> (V) <input type="checkbox"/> <b>Apple Juice</b> (V) <input type="checkbox"/> <b>An Apple</b> (V) <input type="checkbox"/> <b>An Orange</b> (V)	<b>Fruit (choose one):</b> <input type="checkbox"/> <b>Orange Juice</b> (V) <input type="checkbox"/> <b>Apple Juice</b> (V) <input type="checkbox"/> <b>An Apple</b> (V) <input type="checkbox"/> <b>An Orange</b> (V)	<b>Fruit (choose one):</b> <input type="checkbox"/> <b>Orange Juice</b> (V) <input type="checkbox"/> <b>Apple Juice</b> (V) <input type="checkbox"/> <b>An Apple</b> (V) <input type="checkbox"/> <b>An Orange</b> (V)	<b>Fruit (choose one):</b> <input type="checkbox"/> <b>Orange Juice</b> (V) <input type="checkbox"/> <b>Apple Juice</b> (V) <input type="checkbox"/> <b>An Apple</b> (V) <input type="checkbox"/> <b>An Orange</b> (V)	<b>Fruit (choose one):</b> <input type="checkbox"/> <b>Orange Juice</b> (V) <input type="checkbox"/> <b>Apple Juice</b> (V) <input type="checkbox"/> <b>An Apple</b> (V) <input type="checkbox"/> <b>An Orange</b> (V)

# Meals on Wheels, Your Choice Menu: Winter 2022 (23 May – 20 November)

## Week 3

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<b>Main meal (choose one):</b> <input type="checkbox"/> Sweet Lamb Curry & Brown rice. <input type="checkbox"/> Sausage Casserole. In a tomato & caraway gravy. <input type="checkbox"/> Grilled Pork Chop Simply grilled & served with steamed vegetables. <input type="checkbox"/> Vegetable Butter Curry (V) Mild sweet vegetable curry, paneer & rice.	<b>Main meal (choose one):</b> <input type="checkbox"/> Cottage Pie Braised beef and vegetables with a golden cheese crust. <input type="checkbox"/> Chicken Kiev Crumbed chicken filled with garlic butter. <input type="checkbox"/> Grilled Lamb Simply grilled & served with steamed vegetables. <input type="checkbox"/> Cheese & Spinach Omelette (V)	<b>Main meal (choose one):</b> <input type="checkbox"/> Roast Lamb Thinly sliced lamb roast vegetables & gravy. <input type="checkbox"/> Roast Pork Roast vegetables apple sauce & gravy. <input type="checkbox"/> Grilled Steak Simply grilled & served with steamed vegetables. <input type="checkbox"/> Spiced Chickpea Pattie & Raita (V) Vegetarian patty with lemon yoghurt and sesame.	<b>Main meal (choose one):</b> <input type="checkbox"/> Chicken Stroganoff Tender chicken pieces sweet paprika, dill pickles & sour cream. <input type="checkbox"/> Meat Pie Braised steak casserole topped with golden pastry. <input type="checkbox"/> Steamed Fish Served with steamed vegetables. <input type="checkbox"/> Stuffed Tomatoes (V) Baked tomatoes filled with lemon rice, dill & mint	<b>Main meal (choose one):</b> <input type="checkbox"/> Crumbed Fish Fried & served with tartare sauce. <input type="checkbox"/> Pork Kessler and cabbage Smoked pork loin braised cabbage & mustard. <input type="checkbox"/> Grilled Chicken Simply grilled & served with steamed vegetables. <input type="checkbox"/> Vegetarian Lasagne (V)	<b>Main meal (choose one):</b> <input type="checkbox"/> Chicken Massaman curry sweet coconut and pineapple curry. <input type="checkbox"/> Braised Lamb Shoulder with sweet potato puree & green beans <input type="checkbox"/> Steamed Fish Steamed vegetables & mashed potato. <input type="checkbox"/> Egg Fried Rice (V) Stir fried rice with sesame and soy.	<b>Main meal (choose one):</b> <input type="checkbox"/> Roast Beef Thinly sliced with roast vegetables and gravy. <input type="checkbox"/> Roast Pork Served with apple sauce roast vegetables & gravy. <input type="checkbox"/> Grilled Chicken Simply grilled & served with steamed vegetables. <input type="checkbox"/> Vegetable Casserole (V) Stewed assorted seasonal vegetables in a rich tomato sauce.
<b>Dessert (choose one):</b> <input type="checkbox"/> Cherry Crepes and Cream (V) <input type="checkbox"/> Jellied Pears & Custard (V)	<b>Dessert (choose one):</b> <input type="checkbox"/> Tiramisu (V) <input type="checkbox"/> Sultana Cream Rice (V)	<b>Dessert (choose one):</b> <input type="checkbox"/> Prune Cake & Custard (V) <input type="checkbox"/> Choc Top Mousse (V)	<b>Dessert (choose one):</b> <input type="checkbox"/> Plums & Custard (V) <input type="checkbox"/> Jelly & Cream	<b>Dessert (choose one):</b> <input type="checkbox"/> Lemon Delicious & Cream (V) <input type="checkbox"/> Greek Yoghurt & Honey (V)	<b>Dessert (choose one):</b> <input type="checkbox"/> Strawberry (V) Cheesecake <input type="checkbox"/> Golden Syrup (V) Pudding & Custard	<b>Dessert (choose one):</b> <input type="checkbox"/> Cappuccino Cream <input type="checkbox"/> Prunes & Custard (V)
<b>Fruit (choose one):</b> <input type="checkbox"/> Orange Juice (V) <input type="checkbox"/> Apple Juice (V) <input type="checkbox"/> An Apple (V) <input type="checkbox"/> An Orange (V)	<b>Fruit (choose one):</b> <input type="checkbox"/> Orange Juice (V) <input type="checkbox"/> Apple Juice (V) <input type="checkbox"/> An Apple (V) <input type="checkbox"/> An Orange (V)	<b>Fruit (choose one):</b> <input type="checkbox"/> Orange Juice (V) <input type="checkbox"/> Apple Juice (V) <input type="checkbox"/> An Apple (V) <input type="checkbox"/> An Orange (V)	<b>Fruit (choose one):</b> <input type="checkbox"/> Orange Juice (V) <input type="checkbox"/> Apple Juice (V) <input type="checkbox"/> An Apple (V) <input type="checkbox"/> An Orange (V)	<b>Fruit (choose one):</b> <input type="checkbox"/> Orange Juice (V) <input type="checkbox"/> Apple Juice (V) <input type="checkbox"/> An Apple (V) <input type="checkbox"/> An Orange (V)	<b>Fruit (choose one):</b> <input type="checkbox"/> Orange Juice (V) <input type="checkbox"/> Apple Juice (V) <input type="checkbox"/> An Apple (V) <input type="checkbox"/> An Orange (V)	<b>Fruit (choose one):</b> <input type="checkbox"/> Orange Juice (V) <input type="checkbox"/> Apple Juice (V) <input type="checkbox"/> An Apple (V) <input type="checkbox"/> An Orange (V)

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<b>Main meal (choose one):</b> <input type="checkbox"/> Aussie Beef Stew <i>Slow cooked beef pieces with hearty vegetables &amp; gravy</i> <input type="checkbox"/> Salmon & Spinach Wellington <i>Golden pastry, marinated salmon &amp; spinach in sweet mustard sauce.</i> <input type="checkbox"/> Grilled Pork Chop <i>Simply grilled &amp; served with steamed vegetables.</i> <input type="checkbox"/> Vegie Sausages & Mushroom Gravy (V)	<b>Main meal (choose one):</b> <input type="checkbox"/> Chicken Chop Suey <i>Chinese style chicken &amp; vegetable stir-fry with steamed rice.</i> <input type="checkbox"/> Pork Meatballs & Mustard sauce. <input type="checkbox"/> Steamed Fish <i>Served with steamed vegetables.</i> <input type="checkbox"/> Tomato & Basil Gnocchi (V)	<b>Main meal (choose one):</b> <input type="checkbox"/> Roast Beef <i>Thinly sliced beef with roast vegetables and gravy.</i> <input type="checkbox"/> Roast Chicken <i>Served with roast vegetables onion stuffing chicken gravy.</i> <input type="checkbox"/> Grilled Lamb <i>Simply grilled &amp; served with steamed vegetables.</i> <input type="checkbox"/> Spinach & Fetta Filo (V) <i>wilted spinach &amp; cheese with dill oven baked in fine pastry.</i>	<b>Main meal (choose one):</b> <input type="checkbox"/> Apricot Pork & Couscous <input type="checkbox"/> Navarin of Lamb <i>Braised lamb winter veg, peas &amp; mint.</i> <input type="checkbox"/> Grilled Steak <i>Simply grilled &amp; served with steamed vegetables.</i> <input type="checkbox"/> Vegetable Cottage Pie (V) <i>With a golden potato top.</i>	<b>Main meal (choose one):</b> <input type="checkbox"/> Steamed Fish & Parsley Sauce <input type="checkbox"/> Scotch Egg & Gravy <i>Sausage encased egg with mash &amp; brown gravy.</i> <input type="checkbox"/> Grilled Chicken <i>Simply grilled &amp; served with steamed vegetables.</i> <input type="checkbox"/> Baked Macaroni Cheese (V) <i>American cheese bake with a golden crumb top.</i>	<b>Main meal (choose one):</b> <input type="checkbox"/> Chicken Kiev <i>Crumbed chicken filled with garlic butter.</i> <input type="checkbox"/> Cottage Pie <i>Braised beef and vegetables with a golden cheese crust.</i> <input type="checkbox"/> Grilled Lamb <i>Simply grilled &amp; served with seasonal vegetables.</i> <input type="checkbox"/> Spinach & Leek Croquettes (V)	<b>Main meal (choose one):</b> <input type="checkbox"/> Roast Pork <i>Roast vegetables apple sauce and gravy.</i> <input type="checkbox"/> Roast Lamb <i>Thinly sliced lamb with roast vegetables &amp; gravy.</i> <input type="checkbox"/> Grilled Steak <i>Simply grilled &amp; served with steamed vegetables.</i> <input type="checkbox"/> Pumpkin & Walnut Cannelloni (V) <i>Pumpkin filled pasta tubes Slowly cooked in cheese sauce.</i>
<b>Dessert (choose one):</b> <input type="checkbox"/> Apricot Tart & Cream (V) <input type="checkbox"/> Jelly	<b>Dessert (choose one):</b> <input type="checkbox"/> Passionfruit Pavlova (V) <input type="checkbox"/> Banana Bread <i>with salted caramel sauce &amp; cream</i>	<b>Dessert (choose one):</b> <input type="checkbox"/> Chocolate Self-Saucing Pudding & Cream (V) <input type="checkbox"/> Peaches & Custard (V)	<b>Dessert (choose one):</b> <input type="checkbox"/> Bread & Butter (V) Pudding & Cream <input type="checkbox"/> Jelly & Custard	<b>Dessert (choose one):</b> <input type="checkbox"/> Crème Caramel (V) <input type="checkbox"/> Semolina Pudding (V)	<b>Dessert (choose one):</b> <input type="checkbox"/> Sultana Cream Rice (V) <input type="checkbox"/> Tiramisu (V)	<b>Dessert (choose one):</b> <input type="checkbox"/> Choc top Mousse (V) <input type="checkbox"/> Prune Cake & Custard (V)
<b>Fruit (choose one):</b> <input type="checkbox"/> Orange Juice (V) <input type="checkbox"/> Apple Juice (V) <input type="checkbox"/> An Apple (V) <input type="checkbox"/> An Orange (V)	<b>Fruit (choose one):</b> <input type="checkbox"/> Orange Juice (V) <input type="checkbox"/> Apple Juice (V) <input type="checkbox"/> An Apple (V) <input type="checkbox"/> An Orange (V)	<b>Fruit (choose one):</b> <input type="checkbox"/> Orange Juice (V) <input type="checkbox"/> Apple Juice (V) <input type="checkbox"/> An Apple (V) <input type="checkbox"/> An Orange (V)	<b>Fruit (choose one):</b> <input type="checkbox"/> Orange Juice (V) <input type="checkbox"/> Apple Juice (V) <input type="checkbox"/> An Apple (V) <input type="checkbox"/> An Orange (V)	<b>Fruit (choose one):</b> <input type="checkbox"/> Orange Juice (V) <input type="checkbox"/> Apple Juice (V) <input type="checkbox"/> An Apple (V) <input type="checkbox"/> An Orange (V)	<b>Fruit (choose one):</b> <input type="checkbox"/> Orange Juice (V) <input type="checkbox"/> Apple Juice (V) <input type="checkbox"/> An Apple (V) <input type="checkbox"/> An Orange (V)	<b>Fruit (choose one):</b> <input type="checkbox"/> Orange Juice (V) <input type="checkbox"/> Apple Juice (V) <input type="checkbox"/> An Apple (V) <input type="checkbox"/> An Orange (V)